HORSE & FARM CLUB

Confidence, Engagement, Responsibility & Relationships

A firm favourite with our learners - small-group, practical experiences designed to help young people connect, engage and grow in confidence.

A Place to Begin

Our **Horse & Farm Club** is an all-round favourite with our students. For learners who may struggle with confidence, engagement or building relationships, an interest in animals can give us an important starting point. Where a learner shows an interest in horses, farm life or animals, we can use this naturally motivating environment to help them feel comfortable, become involved and begin building trust.

Building Confidence & Positive Relationships

We see first-hand how children and young people can naturally grow in confidence around animals. The farm environment creates opportunities to communicate, take manageable risks, experience success and form **positive relationships with staff and peers**. Activities can be adapted to the individual learner, allowing them to participate at a level that feels achievable while gently encouraging progression.

Practical Farm & Stable Learning

Learners have access to different animals and take part in practical activities linked to **responsibility and stable management**. Sessions can include learning how to behave safely around the farm, pony walking, grooming, caring for animals and understanding the daily responsibilities involved in animal ownership.

Responsibility & Life Skills

Animal care provides a meaningful way to develop responsibility. Learners begin to understand that animals depend on consistent care, patience, kindness and safe routines. Through practical tasks, we can develop independence, communication, teamwork, listening skills, problem-solving and an understanding of consequences - all within an environment that feels engaging rather than classroom-led.

Individualised Support

As with all areas of our provision, activities are adapted to suit the **individual learner**. The aim is not simply to spend time around horses and animals, but to use the experience as a vehicle for engagement, personal development and learning. For some learners, successfully approaching, grooming or walking a pony can represent a significant step in confidence and self-belief.

What learners can develop	Through activities such as
Confidence & self-esteem	Approaching animals, trying new tasks and recognising achievement.
Relationships & communication	Working alongside staff and peers and communicating around shared tasks.
Responsibility	Grooming, animal care, stable routines and understanding ownership.

What learners can develop	Through activities such as
Safety & awareness	Learning safe behaviour around horses, animals, equipment and the farm environment.
Independence & resilience	Completing practical tasks, problem-solving and gradually taking greater responsibility.